

MyTMRS is an online portal on tmrs.com where you can access your TMRS account 24/7.

How to Register for MyTMRS

- Go to tmrs.com and click the red MyTMRS button in the upper right corner
- At the Log In screen (upper right), click on the “Create an Account” link
- Fill in the required information on the Registration screen (bottom right), and follow the directions
- Use a personal email address

What You Can Do on MyTMRS

- Update your contact information
- View and update your beneficiary designation
- Choose your preferences for electronic or mail delivery of TMRS newsletters and annual statements
- View, download and print your Member Account Statement or Retirement Benefit Statement

What Active Members Can Do

- Review your account balance and service credits
- Print an Account Balance letter to document your account
- View your City’s Plan
- Run personal retirement estimates

What Retirees Can Do

- View your benefit payment summary and tax withholding details
- Change your IRS withholding instructions
- Download tax documents (Form 1099-R)
- Print Benefit Confirmation letters to document your benefit payments
- Update your direct deposit information
- Update your HELPS insurance premium deduction

The screenshot shows the 'Log In Screen' for MyTMRS. It features a header 'Log In to MyTMRS' and two input fields: 'User Name' (with a 'Forgot your User Name?' link) and 'Password' (with a 'Forgot your Password?' link). A blue 'Log In' button is positioned below the password field. Below the login fields, there are several links: 'New to MyTMRS?' (with a circled 'Create an account' link), 'Need a TMRS form?' (with a 'Go to TMRS' forms page' link), 'Need help with MyTMRS?' (with a 'MYTMRS-Help@tmrs.com' link), and 'Need some other help?' (with a 'Contact TMRS' link). At the bottom, there is a partially visible field labeled 'With MyTMRS you can:'.

The screenshot shows the 'Registration Screen' for MyTMRS. It features a header 'Register for access to MyTMRS' and a prompt: 'Please provide the following information to get started'. Below this are four input fields: 'Social Security Number' (with a placeholder 'XXX-XX-XXXX'), 'Date of Birth (MM-DD-YYYY)' (with a placeholder 'MM-DD-YYYY'), and 'Zip Code of your mailing address on file with TMRS' (with a placeholder 'Please enter your five digit zip code'). A 'Prove you are not a robot' section includes a checkbox for 'I'm not a robot' and a CAPTCHA icon. At the bottom, there is a link to 'Read the MyTMRS Access Agreement' and two buttons: 'Continue' and 'Cancel'.

Member Service Center

800-924-8677
Fax • 512-476-5576

Website

tmrs.com

Mailing Address

P.O. Box 149153
Austin, TX 78714-9153